

# 9 Month Well Child Check

Patient Name \_\_\_\_\_ DOB (Age) \_\_\_\_\_ Sex \_\_\_\_\_ Date \_\_\_\_\_

## Interval History

Illness:

Diet:

Elimination:

Sleep:

Development: Rolls back to front / Mama-Dada / Stands with support / Sits without support / Pincer grasp / Crawling / Word comprehension

Social: Return to work / Child care / Time off / Birth control

Parental Concerns:

Ht \_\_\_\_\_, \_\_\_\_\_ % Wt \_\_\_\_\_, \_\_\_\_\_ % HC \_\_\_\_\_, \_\_\_\_\_ % BP \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ T \_\_\_\_\_

## Exam

### Abnormal Findings

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General / Observe sitting  
Head / Fontanelles (closing)  
Eyes / Red Reflex / Strabismus  
Ears  
Nose  
Mouth  
Throat  
Neck  
Breast  
Heart  
Lungs

Abdomen  
GU  
Rectal  
MSK/Hips/Defects/Muscle Tone  
Extremities / Intoeing/Outoeing  
Skin  
Vasc/Pulses  
Lymph  
Neuro  
Psych  
PDQ or DDST

Lab: HCT \_\_\_\_\_ (9 or 12 months)

Immunizations:

## Anticipatory Guidance

Diet: 24 to 32 oz formula with iron or breast milk / 3 meals a day / Introduce cup and finger food / No salt added / No bottle in bed / Discontinue bottle by 15 months / Fluoride / Vitamins

Behavior: Appetite / Wants to pull to standing / Object permanence / Crawling / Sitting / Nightmares /

Safety: NO nuts, popcorn, hard candy; small enough to fit through toilet paper roll, small enough for mouth / Stairs / Hot water / Kitchen safety / Electrical sockets / Cars / Lower cabinets should have child-proof locks / Cleaners and poisons

Developmental: Naming body parts / Wave bye-bye / Hide-n-Seek with toys / When baby points or gives you something, talk about the object with her

Health Education: Syrup of Ipecac / Dealing with minor illness or trauma

Guidance: Spanking / Separation anxiety / Discipline consistent / Verbal "No" / Decreased appetite

## Assessment/Plan

Return at:  
1 year of age

Handouts: Ipecac  
Poison Control Number  
Safety Survey