

# 2 Month Well Child Check

Patient Name \_\_\_\_\_

DOB (Age) \_\_\_\_\_

Sex \_\_\_\_\_

Date \_\_\_\_\_

## Interval History

Illness: \_\_\_\_\_

Diet: \_\_\_\_\_ Elimination: \_\_\_\_\_ Sleep: \_\_\_\_\_ (night waking)

Development: Coos / Eyes follow to midline / Social smiling / Lifts head to 45 degrees / Peak fussy period / Listens to voice

Social: Evening out / Advice / Father involvement / Siblings / Work / Babysitter-Day care / Calming fussy / Birth control

Parental Concerns: \_\_\_\_\_

Ht \_\_\_\_\_ % Wt \_\_\_\_\_ % HC \_\_\_\_\_ %

BP \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ T \_\_\_\_\_

## Exam

### Abnormal Findings

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General  
Head/Fontanelles  
Eyes/Red Reflex  
Ears  
Nose  
Mouth  
Throat  
Neck  
Breast  
Heart  
Lungs

Abdomen  
GU  
Rectal  
MSK/Hips/Defects/Muscle Tone  
Extremities  
Skin  
Vasc/Pulses  
Lymph  
Neuro  
Psych

Lab: \_\_\_\_\_

Immunizations: DPT \_\_\_\_\_, OPV \_\_\_\_\_, Hib \_\_\_\_\_, HepB \_\_\_\_\_

## Anticipatory Guidance

Diet: Formula with iron or breast milk only, 24 to 28 oz / Vitamins and Fluoride / Water optional

Behavior: Thumbsucking / Crying / Colic

Safety: Car Seats / Rolling Over / One piece soft toys /

Development: Rattles in hand / Mobiles / Hold baby so she can look in your eyes / Imitates babies sounds / If baby imitates you, repeat the sound

Education: Acetaminophen/Ibuprofen dosing / Diaper rash care / No meds without consult / Fever / Vomiting / Diarrhea / Constipation / Colic / Immunization reactions

Guidance: Where sleeping / Bottle propping / Attachment preference / Feeding recumbent / Maternal well being

## Assessment/Plan

Return at: \_\_\_\_\_ Handouts/Material: Antipyretic Dosing  
3 1/2 to 4 months of age Common Illnesses