

# Common Symptom Patterns in Tick-Borne Illnesses

**Legend:** Green = Classic/Very Common, Light Green = Common, Yellow = Reported/Occasional, Orange = Possible, Pink = Uncommon, Red = Rare, Blue = Early Infection Clue

Symptom	Borrelia (Lyme)	Bartonella	Babesia	Anaplasma	Ehrlichia
Fatigue	Very common	Very common	Very common	Common	Common
Brain fog	Very common	Very common	Common	Possible	Possible
Memory issues	Common	Common	Less common	Rare	Rare
Migratory joint pain	Classic	Possible	Less common	Possible	Possible
Muscle pain	Common	Common	Common	Common	Common
Headaches	Common	Very common	Common	Very common	Very common
Neck pain/stiffness	Common	Common	Possible	Possible	Possible
Anxiety/panic	Occasionally reported	Frequently reported	Possible	Uncommon	Uncommon
Depression	Common	Common	Possible	Uncommon	Uncommon
Insomnia	Common	Very common	Common	Possible	Possible
Night sweats	Occasional	Possible	Classic	Can occur	Can occur
Air hunger	Uncommon	Uncommon	Classic	Rare	Rare
Dizziness	Common	Common	Common	Possible	Possible
POTS/dysautonomia	Reported	Frequently reported	Occasionally	Rare	Rare
Tingling/numbness	Common	Common	Rare	Rare	Rare
Burning feet	Occasionally	Often described	Rare	Rare	Rare
Visual symptoms	Possible	Common	Possible	Rare	Rare
Tinnitus	Reported	Reported	Possible	Rare	Rare
Palpitations	Possible	Common	Common	Possible	Possible
Enlarged lymph nodes	Sometimes	Common	Uncommon	Rare	Rare
Fevers/chills	Early infection	Occasionally	Classic	Classic	Classic
Shortness of breath	Rare	Rare	Common	Rare	Rare
Mood lability	Possible	Common	Possible	Rare	Rare