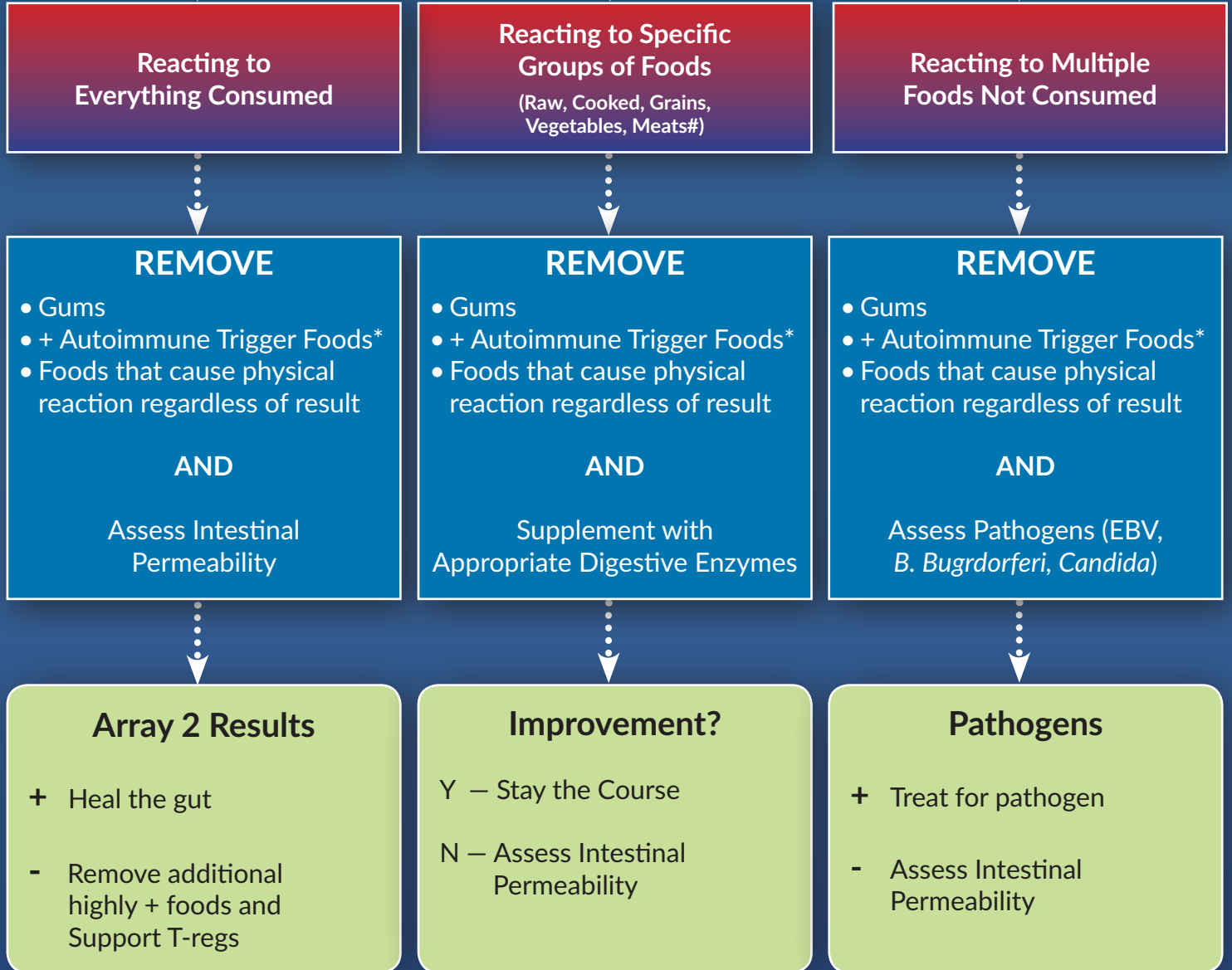


# MULTIPLE FOOD REACTIONS



\*Known autoimmune triggers include: gliadins/gluten, dairy proteins, pork, lectins/agglutinins (pea, bean, lentil, wheat germ agglutinin, soybean, peanut), shellfish (shrimp) tropomyosin, fish parvalbumin, aquaporins (corn, soy, spinach, tomato), beta-glucans  
#If reacting to meat category, assess patient for low stomach acid and if acid is low, supplement with HCL