

## **SOT Protocol**

1. Give Ranitidine 75-150mg PO upon arrival to clinic
2. Start IV and connect to 100mL saline with piggyback tubing
3. Mix Dexamethasone 4mg IV in 20-50mL normal saline
4. Warm the SOT in hands
5. Add 1mL sterile WATER for injection to the SOT (never use saline)
6. Swirl the SOT gently until solution clears
7. Further dilute the SOT with 9mL sterile WATER in the 10mL syringe
8. If doing 50% weakened SOT freeze 5mL below -10F for max of 3 weeks
9. Give Dexamethasone 4mg IV in 20-50mL slow IV push, then immediately
10. Give SOT 1mL push every 5 seconds allowing saline to run in between
11. Flush IV with remaining saline
12. Monitor patient for an hour